



Dr. Mike Lovato, Executive Pastor of Discipleship  
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**SHIFT: ReThinking Your Parenting**

Rethinking Protecting Your Kids vs. Preparing Them

Ephesians 6:1–4 (CSB)

*Children, obey your parents in the Lord, because this is right. <sup>2</sup>Honor your father and mother, which is the first commandment with a promise, <sup>3</sup>so that it may go well with you and that you may have a long life in the land. <sup>4</sup>Fathers, don't stir up anger in your children, but bring them up in the training and instruction of the Lord.*

Ephesians 6:10–17 (CSB)

*Finally, be strengthened by the Lord and by his vast strength. <sup>11</sup>Put on the full armor of God so that you can stand against the schemes of the devil. <sup>12</sup>For our struggle is not against flesh and blood, but against the rulers, against the authorities, against the cosmic powers of this darkness, against evil, spiritual forces in the heavens. <sup>13</sup>For this reason take up the full armor of God, so that you may be able to resist in the evil day, and having prepared everything, to take your stand. <sup>14</sup>Stand, therefore, with truth like a belt around your waist, righteousness like armor on your chest, <sup>15</sup>and your feet sandaled with readiness for the gospel of peace. <sup>16</sup>In every situation take up the shield of faith with which you can extinguish all the flaming arrows of the evil one. <sup>17</sup>Take the helmet of salvation and the sword of the Spirit - which is the word of God.*

**HOW TO PREPARE YOUR KIDS WELL**

**1. PREPARE THEM TO KNOW THEIR \_\_\_\_\_  
\_\_\_\_\_ v 6:10**

Psalms 121:1–2 (CSB)

*I lift my eyes toward the mountains. Where will my help come from?  
<sup>2</sup>My help comes from the LORD, the Maker of heaven and earth.*

- We help our kids become \_\_\_\_\_ by helping them learn to be \_\_\_\_\_.

**2. PREPARE THEM TO FIGHT WITH THE \_\_\_\_\_  
\_\_\_\_\_ vv 6:11-13**

- Spiritual \_\_\_\_\_ require spiritual \_\_\_\_\_.

- Protection is about \_\_\_\_\_, but preparation is for the \_\_\_\_\_.

**BELT OF TRUTH v 6:14a**

- Integrity is being the \_\_\_\_\_ person no matter who's looking.

**BREASTPLATE OF RIGHTEOUSNESS v 6:14b**

- Holding on to \_\_\_\_\_ only holds you \_\_\_\_\_.

**SANDALED WITH THE GOSPEL OF PEACE v 6:15**

- It's tough to \_\_\_\_\_ if you're shaking in your \_\_\_\_\_.

**SHIELD OF FAITH v 6:16**

- We can fully rely on God because of His \_\_\_\_\_ and His \_\_\_\_\_.

**HELMET OF SALVATION v 6:17a**

- Salvation is freedom from the \_\_\_\_\_ of sin and the \_\_\_\_\_ of sin.

1 Thessalonians 5:8 (CSB)

*But since we belong to the day, let us be self-controlled and put on the armor of faith and love, and a helmet of the hope of salvation.*

**SWORD OF THE SPIRIT v 6:17b**

- The Bible is the only \_\_\_\_\_ weapon in the armor of God.

**3. PREPARE THEM TO CONTINUALLY WALK IN PRAYER v 6:18**

- Pray for \_\_\_\_\_, for your \_\_\_\_\_, and \_\_\_\_\_ your kids.

**NEXT STEP:**

**Prepare your kids for the future by equipping them today.**