



Dr. Montia Setzler, Lead Pastor  
November 22, 2020

### Giving Thanks in Times of Trouble

Philippians 4:4–9 (HCSB)

*Rejoice in the Lord always. I will say it again: Rejoice!<sup>5</sup> Let your graciousness be known to everyone. The Lord is near.<sup>6</sup> Don't worry about anything, but in everything, through prayer and petition with thanksgiving, let your requests be made known to God.<sup>7</sup> And the peace of God, which surpasses every thought, will guard your hearts and minds in Christ Jesus.<sup>8</sup> Finally brothers, whatever is true, whatever is honorable, whatever is just, whatever is pure, whatever is lovely, whatever is commendable—if there is any moral excellence and if there is any praise—dwell on these things.<sup>9</sup> Do what you have learned and received and heard and seen in me, and the God of peace will be with you.*

#### 1. GIVING THANKS BEGINS WITH \_\_\_\_\_ v 4

- Rejoice even when your \_\_\_\_\_ do not warrant it.
- It's easier to act your way into a feeling, than to feel your way into an action.

#### 2. BEING THANKFUL PRODUCES A LIFE OF \_\_\_\_\_ v 5

- Graciousness lets us be more like Jesus.
  - Graciousness precedes \_\_\_\_\_.
- <https://magonline.com/fpu>

#### 3. PRAYER ISN'T YOUR LAST RESORT, IT'S YOUR FIRST \_\_\_\_\_ v 6

- Sometimes our anxiety stems from a lack of trust.

1 Peter 5:6–7 (HCSB)

*Humble yourselves, therefore, under the mighty hand of God, so that He may exalt you at the proper time,<sup>7</sup> casting all your care on Him, because He cares about you.*

- Praying with thanksgiving fixes our trust in Him.

#### 4. THANKSGIVING PRODUCES \_\_\_\_\_ v 7

- Living a life of thanksgiving has the peace of God as its \_\_\_\_\_.
- His peace guards our hearts and minds.

#### 5. \_\_\_\_\_ ON THE GOOD TO OVERCOME THE BAD v 8

*Where do we point our thoughts?*

- Whatever is \_\_\_\_\_
- Whatever is honorable
- Whatever is \_\_\_\_\_
- Whatever is pure
- Whatever is \_\_\_\_\_
- Whatever is commendable
- Whatever is \_\_\_\_\_
- Whatever is praiseworthy

#### 6. PUT YOUR GRATITUDE INTO \_\_\_\_\_ v 9

- Put into practice what you have learned from others.
- Taking action \_\_\_\_\_ God to be with you.

**The Next Step:** Practice thanksgiving regardless of your circumstances this week.